

# CITY CLUB

F O R T W O R T H

[www.cityclubfw.com](http://www.cityclubfw.com)

*A NewsMagazine for Members of City Club*

*Happy Holidays*

Home for the Holidays with Kelly Norvell

Thanksgiving and Christmas Holiday Meals To-Go

Sunday Brunch with Santa

New Years Eve Wine Tasting & Buffet

817.878.4000

NOVEMBER/DECEMBER 2024



**Craig Halvorson**  
General Manager

## MESSAGE FROM THE GENERAL MANAGER

What a wonderful time of year to be a member of City Club! We have so many holiday traditions at the Club we are excited about, and getting prepared for - From our Thanksgiving Meals to-go, Sunday Brunch with Santa Claus, to all of the Company Christmas Parties - We are all looking forward to seeing you, your family

and friends during these festive months. **On behalf of myself and the entire City Club staff, we wish you and your family a joyous holiday season and a happy, healthy and prosperous New Year.**

We have just a few open dates remaining for your **Holiday/Christmas parties** - please give Kim Keen or Kelly Norvell a call so they can get you booked - they will take very good care of you.

November kicks off with **“Home for the Holidays”** with our very own Kelly Norvell. Come enjoy holiday themed hors d’oeuvres and cocktails while designing your own holiday centerpiece with Kelly leading the way. See **page 8** for details.

We are taking orders now for our very popular **Thanksgiving Meals To-Go**. Please see **page 13** for details and important dates for ordering and picking up. **The Club will be closed on Thanksgiving Day and Friday November 29th.**

On **Sunday, December 8th**, we will have our **Sunday Brunch with Santa!** There will have two seatings, 10:30 and 12:30. You will enjoy an amazing Buffet, and Santa Claus will be here for pictures. See **page 4** for details. On **Wednesday, December 18th**, we will have a **Holiday Lunch Buffet** in the Oak Room. This is a great opportunity to bring folks from the office down to the Club to enjoy a nice meal together before the Christmas Break. See **page 5** for details. We will also be preparing **Christmas Meals To-Go** this year. See **page 14** for details. **The Club will be closed on Christmas Eve and Christmas Day.**

We will finish off 2024 with a **New Years Eve “Clean out the Cellar” Wine Tasting and Dinner Buffet**. We will start our festivities early and get you home safe before the ball drops in New York City. See **page 6** for details.

If you are planning on traveling for the Holidays, give Matt Burrell, our Membership Director a call to see if there are any **Reciprocal Clubs** available in the cities you are visiting. He will be happy to send a Letter of Introduction for you.

Please read through the news magazine, and check out all of the events and happenings we have going on at the Club during November & December. Please be sure to call ahead a make your reservation before heading to the Club, we will have your table ready for you upon arrival.

Merry Christmas, Happy Holidays and Best Wishes for the New Year!

See you around the Club!

## MEMBER DINING

### Take-out Orders 817-878-4000

Lunch: Monday - Friday 11:30 am - 2:00 pm

Dinner: Tuesday - Saturday 4:00 pm - 7:00 pm



**Oak Bar - reservations are required at 817-878-4000**

Lunch: Tuesday - Friday 11:30 am to 2:00 pm

Dinner: Tuesday - Saturday 4:00 pm to 8:00 pm



Lunch: Monday - Friday 11:30 am to 2:00 pm

Dinner: Tuesday - Saturday 4:00 pm to 8:00 pm

Last seating at 7:00 pm



**The Grill Buffet**

Lunch: Monday - Friday 11:30 am - 2:00 pm

If you haven't yet attended an informative lunch you are missing out. You have an experienced attorney discussing a specific area of the law.

***You always learn something new and lunch is complimentary!***

**HOSTED BY**



**WHITAKER CHALK  
SWINDLE & SCHWARTZ PLLC  
ATTORNEYS & COUNSELORS**

***In Partnership with City Club***

**Complimentary for  
City Club Members and their Guests.**  
Lunch and Speaker—Noon to 1:30 p.m.

**November 14th, 2024**

**DAVID FLOWERS**  
will be presenting  
**"The Value of Mediation"**



Reservations required.  
**RSVP: [bdubose@whitakerchalk.com](mailto:bdubose@whitakerchalk.com)  
or leave reservation voice message  
at 817-878-0519.**



# STEAK NIGHT

*Every Friday*

## FIRST COURSE

Choice of Caesar Salad or  
Seafood Gumbo

## ENTRÉE

8 oz. New York Strip or 5 oz. Beef Tenderloin  
Served with Asparagus and  
Twice Bake Potato  
\$30

## MANAGERS SELECTION WINE BOTTLE SPECIAL

\$40



## FOR RESERVATIONS

Please contact the Receptionist  
at 817.878.4000 or [reception@cityclubfw.com](mailto:reception@cityclubfw.com)



# Sunday with Santa

Sunday, December 8, 2024

10:30 am and 12:30 pm

## Breakfast and Brunch Buffet Menu

Santa Claus and his Elves will land the sleigh at the City Club again for this beloved holiday tradition. Bring the entire family and have this special occasion captured with a complimentary photo portrait.

**Parents, if you would like Santa to present a gift to your child, please deliver it to the Club's Reception Desk no later than Wednesday, December 4th at 5 pm. Gifts must be wrapped and tagged with the member's name and the child's FIRST AND LAST NAME.**

### BREAKFAST STATION

- Made-to-Order Omelets
- Waffle Station  
with Assorted Toppings
- Sausage
- Applewood Smoked Bacon
- Scrambled Eggs
- Breakfast Potatoes
- Sliced Fruit
- Mini Quiche Wedges
- Breakfast Breads and Pastries

### BRUNCH BUFFET/ SALADS & STARTERS

- Winter White Salad  
with Tomato & Cucumbers
- Butternut Squash Salad  
with Cranberries & Pecans
- Shrimp Cocktail

### SUSHI

- California Roll
- Spicy Philly Roll

### ENTREES

- Baked Lemon Sole  
with Lemon Cream Sauce
- Chicken Piccata
- Buttermilk Fried Chicken

### CARVING STATION

- Beef Tenderloin with Creamy Horseradish and Rosemary Mustard
- Honey Pit Ham with Cranberry Sauce

### SIDES

- Roasted Sweet Potatoes
- Brussels Sprouts and Onions
- Yukon Gold Mashed Potatoes
- Mixed Vegetables
- Broccoli Rice Casserole

### CHILDREN'S BUFFET

- Chicken Nuggets
- Macaroni and Cheese
- Green Beans and Carrots
- Penne Pasta
- Marinara Sauce
- Alfredo Sauce

### DESSERT STATION

- Christmas Petit Fours
- Bailey's Crème Brule Cake
- Strawberry Cake
- Yule Logs
- Pumpkin Cheesecake
- Glazed Christmas Cookies
- Chocolate Eggnog Bread Pudding
- Santa Hats, Pecan Pie

Adults: \$59 (includes complimentary Mimosas or Champagne)  
 Children Ages 3-12: \$38 Plus tax and gratuity  
 Children under age 3 are complimentary

**Reservations required. Please contact the Receptionist at 817.878.4000 or [reception@cityclubfw.com](mailto:reception@cityclubfw.com). CANCELLATION POLICY IN EFFECT: Cancellation of reservation or decrease in number of guests after 10 a.m. on Wednesday, December 4th will result in full price charge to member's account.**

*No Time  
for an  
Office Holiday Party?*

Treat your employees to a sumptuous brunch buffet featuring holiday favorites, champagne and decadent desserts!

*Buffet Menu*

Greek Shrimp Salad in a Martini Glass

Sliced Fresh Fruit

Strawberry Spinach Salad  
with Champagne Vinaigrette

Butternut Squash Soup

Tomato Basil Chicken  
with Mozzarella

Red Snapper Piccata  
with Lemon Caper Butter Sauce

Beef Bourguignon  
With Red Wine Burgundy Sauce, Pearl Onions,  
Mushroom, and Bacon

Rosemary Balsamic Baby Potatoes

Brandy-Glazed Carrots

Dessert Station

Iced Tea and Coffee



**The Oak Room**  
**Wednesday, December 18<sup>th</sup>**

11:30 am - 1:30 pm

\$39.00 (plus tax and gratuity)

Please contact the Receptionist for  
Reservations at 817.878.4000 or  
[reception@cityclubfw.com](mailto:reception@cityclubfw.com)



TUESDAY DECEMBER 31, 2024

# NEW YEARS EVE WINE TASTING AND BUFFET

*Come help us "Clean out the Cellar" on New Years Eve! We will be showcasing many exceptional wines, including several different varietals from all over the world. Executive Chef Gilbert Rivera and his team will put out a gourmet buffet befitting of this special evening.*

**WINE TASTING STARTS AT 6:00PM WITH AN HORS D'OEUVRE STATION  
DINNER BUFFET FROM 6:30 TO 8:00 | THE CLUB CLOSSES AT 9:00PM**



## HORS D'OEUVRES STATION

- Drunken Shrimp Martini
- Traditional Smoked Salmon Platter
- Duck Confit Vol-au-vent

## MAIN BUFFET

- Peppercorn Crusted Beef Tenderloin  
with Béarnaise Sauce and Horseradish Sauce
- Sauteed Lobster, Shrimp, and Scallops in Lemon Butter Sauce
- Scalloped Potatoes
- Asparagus Almondine
- Apples and Fennel Salad  
with Radish, Walnuts, Pomegranate, and apple cider vinaigrette
- Lola Rosa Salad  
with Stella Blue Cheese crumbles, candied pecans, white balsamic vinaigrette



## DESSERT STATION

- Banana Foster Flambe with Ice Cream
- Chef's Assorted Mini Desserts

*\$85.00 per person (plus tax and gratuity)*



## FOR RESERVATIONS

Please contact the Receptionist  
at 817.878.4000 or [reception@cityclubfw.com](mailto:reception@cityclubfw.com)

# New to the Cellar

From Craig Halvorson



This month I would like to introduce you to a new Napa Valley Cabernet Sauvignon that has just arrived to the cellar. We have the 2021 Chimney Rock Cabernet Sauvignon from the Stag's Leap District in Napa Valley California.

The Chimney Rock estate began to take shape in 1980, when Hack and Stella Wilson purchased a 180-acre parcel (which included a golf course) situated on the east side of the Silverado Trail. They built their country house based on Cape Dutch-style architecture and started planting vineyards shortly afterwards.

The first 59 acres were planted with a combination of red and white grapes, and the premier vintage of Chimney Rock estate wines was produced in 1984. In the early 1990s, the winery building and the tasting room were added to the estate. In 2000, the Terlato family joined the Wilson family as partners in the winery with added resources and the goal of enhancing Chimney Rock's reputation for producing some of the world's great estate Cabernet Sauvignons. In 2002, the remaining land, covering 46 acres, was planted entirely to Cabernet Sauvignon.

The Terlato family assumed sole ownership of Chimney Rock in 2004. They have steadfastly supported and practiced only the highest standards in viticulture and winemaking. The Chimney Rock estate now comprises 119 acres of vineyards divided into 28 distinct blocks, allowing for highly specialized viticulture suited to each specific site.

*"The 2021 Cabernet Sauvignon Stag's Leap District is based on 91% Cabernet Sauvignon, 5% Cabernet Franc, 3% Merlot, and minuscule percentages of Petit Verdot and Malbec that's all from estate fruit in the Stag's Leap District. It offers a pure, medium to full-bodied, incredibly elegant style as well as tons of minerality in its red and black fruits, ripe, building tannins, nicely integrated acidity, and just a kiss of background oak. I love the overall style of this beauty, which will compete with wines two to three times the price."* **Jeb Dunnuck - 95 Point Rating**





**Sunday November 24<sup>th</sup>**

**RESERVATIONS REQUIRED - VERY LIMITED SEATING**

Buffet and Window Table Seating  
Adults \$65 | Children Ages 3 - 12 \$42

**Schedule of Events:**

City Club Doors and Bar open at 4:30pm  
Buffet open from 5:30pm until 7:00pm

Attendees are highly encouraged to arrive downtown early to avoid traffic congestion, road closures, and parking problems. Please inform your guests of how important this is - Member accounts will still be charged for any attendees that are unable to get here because of traffic and parking issues.

Due to the extreme popularity of this event, the Cancellation policy requires notification no later than Thursday November 21st by 5:00pm.

**Once all the tables are sold-out you may ask to be put on our waitlist in case of cancellations. Members on the wait list who are unable to get a table this year may ask to pre-register for the next year.**

**Questions?**

Please email: Craig Halvorson - General Manager  
chalvorson@cityclubfw.com



LET'S ALL GET  
*Merry and Bright!*

It's that time of year to start thinking about

*Home for the Holidays*

**A HANDS-ON EXPERIENCE!**

**Thursday, November 14th, 5:00 until 7:30 pm**

Chef will be on site to make hors d'oeuvres, and holiday cocktails will be provided. Our Social Catering Manager, Kelly Norvell, TME, AIFD will provide all floral, containers and instructions for you to design a holiday centerpiece to keep or give away.

**LIMITED SEATING AND RESERVATIONS ARE REQUIRED**

\$30 per person\*\*

Call 817-878-4000 to make a reservation  
**Reservation deadline is Monday, November 11.**



As we head towards  
**KICKING**  
 off the New Year...



Don't let the  
**CLOCK**  
 run out on  
 getting your  
**CHRISTMAS PARTY  
 BOOKED!!**

Monday - Thursday dates still available for  
 lunch and dinner celebrations.  
**Call or email for availability before time runs out....**  
 kkeen@cityclubfw.com | 817.878.4028



*Congratulations*  
 TO ONE OF OUR OWN!

Long time member  
**STEVEN LAIRD**, was honored  
 on September 11 by the Texas  
 Watch Champions of Justice  
 Organization.

This honor was presented for his dedicated work and  
 negotiation skills over the last 35 years. Mr. Laird has  
 secured some of the state's largest and most important  
 verdicts on behalf of the victims he represents.

The National board of Trial Advocacy (NBTA) annually  
 recognizes individuals who have dedicated their careers  
 to justice, accountability, and defending the right to a trial  
 by jury. Mr. Steven Laird was recognized this year as one of  
 the recipients of this award at a lunch held at City Club in  
 September.

**City Club would like to congratulate Mr. Laird for all of  
 his work and accomplishments.**

# FORT WORTH

## STOCK SHOW & RODEO 2025

JAN 17 THRU FEB 8

## FORT WORTH STOCK SHOW & RODEO

- Celebrate Fort Worth's Western Heritage
- Action-packed rodeo
- **Mattress Firm** Petting Zoo
- Carnival/Midway excitement
- Live music at the **Michelob Ultra** Roadhouse
- Shopping galore

**FAMILY-FRIENDLY FUN!**

**Grounds Admission:**  
*on-site purchase*  
 Adults - \$15  
 Ages 6 to 16 - \$8  
 Ages 5 and Under - Free

**PURCHASE RODEO TICKETS**  
**FWSSR.COM**



**BOX OFFICE**  
 1911 MONTGOMERY ST.  
 817-502-0011



**BUY NOW**









# Abbey & Andrew Graves

06/01/2024



KELLY'S  
CORNER

**Location of Ceremony:** Saint Stephen Presbyterian Church

**Location of Reception:** City Club

**How did you first meet:** We met at the beginning of our sophomore year at The University of Alabama. Set up by mutual friends, Abbey asked Andrew to her sorority's fall formal event. We talked and danced nonstop during the event, and we hit it off right away. The next day, Andrew texted to check on how Abbey's test went to start conversation. Later that day he asked her to hang out, and the rest was history!

**How did the proposal happen:** We traveled to Mobile, Alabama, Andrew's hometown, for the Mardi Gras parade and ball he is apart of. I was told there would be a cocktail party the Thursday night before. We drove to The Grand Hotel in Fairhope, Alabama, where the cocktail party was being held. As we arrived, Andrew asked if I wanted to go to the pier to look at the ocean. Andrew remained calm, and to my surprise, Andrew got down on one knee to ask me to spend the rest of my life with him. Later, I was surprised by our family and friends and dinner at a local restaurant. The whole day was perfectly planned and a wonderful surprise - 02/09/2023.

**What details did you love most about having your wedding at City Club:** City Club was the most gorgeous venue to have our reception. I loved the how sparkly the room looked with candlelight reflecting off all the mirrors. The staff was amazing to work with and truly did everything to make the day go off without a hitch. It is so fun to have the "surprise" element of the ballroom after leaving cocktail hour in the Oak Room. The food was wonderful and executed beautifully. We could not be happier with every detail the City Club offered!

**What was the most fun and memorable moment:** We wanted to make moments in our reception special to us. Abbey grew up in Fort Worth so to represent her favorite ice cream shop, we had ice cream served in Braum's cups. Andrew grew up in Mobile, AL so we had Beignets from the Dusty Biscuit served as our late night snacks. Since we met at The University of Alabama, we had the band play "Sweet Home Alabama," and the staff passed Yellow Hammer Shots which is our favorite game day drink - Roll Tide. Having elements that represented us and our relationship was so special to us!

**What was the most memorable about the entire wedding process:** Planning a wedding is something I had looked forward to since I was a little girl. Putting my vision to life was so special to me and something I greatly enjoyed. I worked with the best vendors who brought my vision to life. My planner and the staff at City Club made the day go exactly how I envisioned. I have some wonderful

memories with my parents, maid of honor, sister in law, and closest friends putting together invitations, making the welcome boxes for out of town guests, finalizing all the details, and so many other things. I couldn't have done it without my amazing team! We had so many elements unique and special to us. I can't thank Kelly, her team, and Rachelle Nix, my planner, for putting all those elements together and making my dream come true. It was so special to see the "ballroom reveal" before all our guests went in because I got to see everything I imagined and planned executed perfectly.



*Welcome Back to the Reciprocal Showcase!*

## THE CINCINNATI ATHLETIC CLUB

111 Shillito Place, Cincinnati, OH 45202

The Cincinnati Athletic Club is more than your typical gym or fitness center. The CAC is the nation's oldest continuously running athletic club renowned for our wide breadth of fitness facilities and world-class membership since 1853.



We offer a wide variety of fitness services, club amenities, networking opportunities, and social events you won't find anywhere else in downtown Cincinnati.

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513.241.0096

Contact Matt Burrell - Membership Director  
to get set up to enjoy all the amenities Cincinnati Athletic Club has to offer.  
[mburrell@cityclubfw.com](mailto:mburrell@cityclubfw.com) or 817-878-4088

**FORT WORTH PERFORMANCES**  
**You Don't Want To Miss!**



MRS.  
DOUBTFIRE  
NOVEMBER  
5 - 10



HOW THE GRINCH  
STOLE CHRISTMAS!  
THE MUSICAL  
NOVEMBER 19 - 24



HOME FOR THE HOLIDAYS  
NOVEMBER 29 - 30

SPANO CONDUCTS  
BEETHOVEN AND JAKE HEGGIE  
DECEMBER 6 - 8

THREE DOG NIGHT AND  
LITTLE RIVER BAND  
NOVEMBER 17



THE NUTCRACKER  
DECEMBER 13 - 29

Tell Craig or his staff you're attending a performance and receive a  
**COMPLIMENTARY GLASS OF CHAMPAGNE**  
 (One for each ticket holder).



**FOR DINNER RESERVATIONS BEFORE THE SHOW**  
 Please contact the Receptionist  
 at 817.878.4000 or reception@cityclubfw.com

*Welcome*  
**TO THE FAMILY**

City Club welcomes the following  
 members and  
 thanks the members who referred them.

**Charlie Hunt**

Luther King Capital Management

**Steve Montgomery**

Fort Worth Chamber of Commerce

**Crissie Fortmeyer** – Bank of America

**Chris Knight** – Haynes & Boone, LLP

**Colin Buckley**

Luther King Capital Management

**Mike Thrasher** – Apex Capital Corp

**Chase Chance** – Mack Energy Corp.

**Kyle Sexton** – UBS Financial

**Aimee Stone**

Bank of America Private Bank

**Mike and Joanna Rowell**

Ben E. Keith

**Elissa Mach** – TJX Marmaxx Corp.

**Robert Reeves** – Retired

**Madison Littlefield**

**Scott Zimmer** – Kelly, Hart & Hallman

**Travier Craddock**

The Craddock Organization

# THANKSGIVING MEALS TO-GO



*Holiday Shopping Tip*  
**MANY MEMBERS  
 HAVE GIVEN  
 THESE SPECIAL  
 DINNERS  
 AS GIFTS!**

## *You set the table, We'll Do The Cooking*

City Club is continuing its long tradition of preparing Holiday meals to-go this year. Our meals are perfectly packaged in aluminum pans to make reheating simple. Chef Gilbert also makes sure each to-go order has reheating instructions included.

**Important Dates for Orders and pick up  
 MUST BE PLACED BY THURSDAY, NOVEMBER 21<sup>ST</sup> BY 12 NOON.**

### PICK UP LOCATION:

- Front Desk**     **CURBSIDE** - Please call the reception desk when you have arrived 817-878-4000

### PICK UP DATE:

- Tuesday, November 26<sup>th</sup>** between 11:00 am - 5:30 pm  
 **Wednesday, November 27<sup>th</sup>** between 11:00 am - 5:30 pm

**To place your order, please contact Carol Roszell at 817.878.4084 or email [crozell@cityclubfw.com](mailto:crozell@cityclubfw.com).**

**CANCELLATION POLICY:** ORDERS CANCELLED LESS THAN 72 HOURS PRIOR TO SCHEDULED PICK UP DATE WILL BE CHARGED TO THE MEMBER'S ACCOUNT

___ Pre-Cooked Turkey (De-boned & sliced) (serves 10-12)	\$95.00
___ Pre-Cooked Turkey (Whole) (serves 10-12)	\$95.00
___ Pre-Cooked Ham (Sliced) (serves 10-12)	\$85.00
___ Diced Candied Yams, Three pounds (serves 10-12)	\$18.00
___ Club made Stuffing, Three pounds (serves 10-12)	\$20.00
___ Giblet Gravy One quart (serves 5-6)	\$10.00
___ Cranberry Relish One quart (serves 6-8)	\$10.00
___ Mashed Potatoes (serves 10-12)	\$18.00
___ Citrus Glazed Carrots (serves 10-12)	\$20.00
___ Brussels Sprouts (serves 10-12)	\$20.00
___ Assorted Dinner Rolls Wheat, Ciabatta, White, Sesame (12 rolls)	\$10.00
___ Pumpkin Pie (serves 6-8)	\$25.00
___ Bourbon Pecan Pie (serves 8-10)	\$38.00
___ Apple or Cherry Cobbler (serves 8-10)	\$20.00
___ Bread Pudding (serves 8-10)	\$25.00

*Plus Service Charge and Tax*

ORDER DATE: _____
MEMBER NAME: _____
MEMBER #: _____
(Person PLACING Order if NOT member): _____
CONTACT EMAIL: _____
PHONE #: _____
PAYMENT:
<input type="checkbox"/> Charge to Member Account
<input type="checkbox"/> Charge Credit Card;
Name: _____
#: _____
Exp: _____ CVV: _____

**Special Instructions:** \_\_\_\_\_

# CHRISTMAS MEALS TO-GO



*Holiday Shopping Tip*

**MANY MEMBERS  
HAVE GIVEN  
THESE SPECIAL DINNERS  
AS GIFTS!**

## You set the table, We'll Do The Cooking

City Club is continuing its long tradition of preparing Holiday meals to-go this year. Our meals are perfectly packaged in aluminum pans to make reheating simple. Chef Gilbert also makes sure each to-go order has reheating instructions included.

### Important Dates for Orders and pick up

**ORDERS MUST BE PLACED BY WEDNESDAY, DECEMBER 18<sup>TH</sup> BY 12 NOON.**

### PICK UP LOCATION:

- Front Desk**     **CURBSIDE** - Please call the reception desk when you have arrived 817-878-4000

### PICK UP DATE:

- Saturday, December 21<sup>st</sup>** between 2:00 - 6:00 pm  
 **Monday, December 23<sup>rd</sup>** between 10:00 am - 3:00 pm

**To place your order, please contact Carol Roszell at 817.878.4084 or email [crossell@cityclubfw.com](mailto:crossell@cityclubfw.com).**

**CANCELLATION POLICY:** ORDERS CANCELLED LESS THAN 72 HOURS PRIOR TO SCHEDULED PICK UP DATE WILL BE CHARGED TO THE MEMBER'S ACCOUNT

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___ Apple or Cherry Cobbler (serves 8-10)	\$20.00
___ Bread Pudding (serves 8-10)	\$25.00

*Plus Service Charge and Tax*

ORDER DATE: \_\_\_\_\_

MEMBER NAME: \_\_\_\_\_

MEMBER #: \_\_\_\_\_

(Person PLACING Order if NOT member):

\_\_\_\_\_

CONTACT EMAIL: \_\_\_\_\_

PHONE #: \_\_\_\_\_

PAYMENT:

Charge to Member Account

Charge Credit Card;

Name: \_\_\_\_\_

#: \_\_\_\_\_

Exp: \_\_\_\_\_ CVV: \_\_\_\_\_

**Special Instructions:** \_\_\_\_\_



## DAVID BUCHER

David Bucher is currently a Senior Vice President for Simmons Bank. His 46-year banking career has been totally in the Trust and Wealth Management area. Prior to Simmons Bank he worked for Bank of America, JPMorgan Chase, and Wells Fargo. David has been with Simmons Bank for the past 12 years.

David's wife Susan retired from Fort Worth ISD in 2015. They have two children, Christian and Katie. Christian and his family live in Houston, TX and Katie and her family live in Aledo, TX. They also have six grandchildren.

At age 77, David still enjoys going to work at the bank each day Monday - Friday. He knows retirement is on the near horizon but has not set a firm date yet.

Susan and David enjoy traveling but most Saturday's will find them watching their two youngest grandchildren, Noah and Emma, playing T-Ball and soccer. They also enjoy playing golf with friends.

David's banking career has taken him from Dallas to Harlingen, TX in the Rio Grande Valley. Then from Harlingen to Houston and Galveston, TX. In 1991 Texas Commerce Bank offered him the position of Manager of their Trust Department in Fort Worth. When he arrived in Fort Worth the bank suggested he join one of the downtown clubs. At the time his office was in the Tandy Center at the corner of Weatherford and Throckmorton Street. City Club was just three blocks away and the President of his bank, who was also a member spoke very highly of the Club. Therefore, he made the decision to join City Club. A few years later they moved the location of the bank to City Center Tower 1. David says, "Therefore, the beautiful facility, the friendly and professional staff, the Club's dining rooms, and the Fitness Center have always been very convenient to my office."

Over the years David has used City Club for numerous business lunches, dinners and events as well as entertaining family and friends. The Wine Room is one of the best keep dining secrets in Fort Worth. David has a client who he calls to see if he and a guest would like to join him and Susan for dinner. The client will usually ask if they are going to the City Club and if the answer is "yes" he always accepts the invitation.

David said he cannot say enough about City Club staff. "They are all so friendly and professional in their work. Some of the staff I have known for many years, and I consider them to be friends."

The Bucher's enjoy wine. They always enjoy attending the wine tastings, wine dinners and other wine events the Club offers. His family also enjoys "Steak Night". If you ask his 6-year-old grandson Noah what his favorite place is to eat he will say "City

Club". He asked Noah why is City Club his favorite and he says, "because I like their Grilled Cheese sandwiches, and I get to ride the escalator." David says, "fellow City Club members have been so accepting of my grandchildren joining them periodically in the Terrace Room on Friday nights."

David thinks all the food at City Club is wonderfully prepared and the presentation is superb. However, his favorite item to order is the Chilean Sea Bass and having Craig pair the perfect glass of wine.

David feels City Club speaks for itself. His business associates and acquaintances all comment on the high quality of the facilities, staff and membership. David said he would recommend City Club membership to anyone who lives or does business in Fort Worth.



City Club is very excited to spotlight one of our talented chefs this month. Many of you might not know **Chef Lina**, even though she cooks for you several times a week— especially if you frequent the Grill restaurant. Her creativity and skill keep the Grill offerings exciting and delicious.

Lina has been with the Club in her current role for more than a year and shows no signs of slowing down. When not working, Lina enjoys spending time with her family and doing fun activities with her young daughter.

Chef Lina, on behalf of your co-workers, Club management and membership, we thank you for your dedication and hard work to make the City Club the best it can be. Great job Chef Lina!



**Let's get together!**

**Tuesdays, November 12th  
and December 10th  
from 11:30 a.m. to 1:00 p.m.  
at City Club**

For members and their guests.  
Reservations at 817.878.4000 or  
reception@cityclubfw.com,  
\$27.00 inclusive.

# FITNESS

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## FOR YOU



### DIET MANAGEMENT FOR WEIGHT LOSS

*Achieving and maintaining a healthy weight is often at the forefront of many people's health goals, and diet management is one of the most effective tools for weight loss. Weight loss, however, is more than just reducing caloric intake. It requires a comprehensive approach that balances nutrition, portion control, and consistency to support long-term success. Here are key components of effective diet management for weight loss.*

#### 1. CALORIC DEFICIT

At its core, weight loss revolves around the concept of a caloric deficit. This means consuming fewer calories than the body uses for daily functions and physical activity. The body's energy needs are met by burning fat stores when caloric intake is reduced, resulting in weight loss over time. However, an overly restrictive calorie intake can backfire, causing the body to slow metabolism and leading to feelings of deprivation. The key is to create a moderate calorie deficit that is sustainable and doesn't compromise metabolic health or energy levels.

#### 2. BALANCED NUTRITION

Calorie reduction should not come at the expense of nutrition. It is essential to ensure that the body receives all the necessary nutrients to function optimally while losing weight. A balanced diet includes:

- **Proteins:** Protein is critical for maintaining muscle mass, which is important for metabolic health. High-protein foods like lean meats, fish, eggs, beans, and legumes also help keep you feeling full, reducing the likelihood of overeating.
- **Healthy Fats:** Fats are calorie-dense, but they are also crucial for hormone regulation and satiety. Healthy fat sources like avocado, olive oil, nuts, and seeds can be included in moderation.
- **Carbohydrates:** While low-carb diets have gained popularity, carbohydrates are not the enemy. Complex carbs such as whole grains, vegetables, and legumes provide essential fiber, which aids in digestion and helps regulate blood sugar levels.

#### 3. PORTION CONTROL

One of the simplest and most effective ways to manage diet for weight loss is to control portion sizes. Even nutrient-dense, healthy foods can lead to weight gain if consumed in excess.

Learning to recognize appropriate portion sizes for each food group can help reduce unnecessary calorie intake without feeling deprived.

Strategies such as using smaller plates, measuring food portions, and mindful eating practices—where you slow down and focus on the food you're eating—can prevent overeating. It also helps to pre-portion snacks to avoid mindless consumption.

#### 4. MEAL TIMING AND FREQUENCY

When you eat can be just as important as what you eat. Some people find success with intermittent fasting, where eating is limited to certain hours of the day, while others prefer eating smaller meals more frequently. It's important to choose a pattern that works with your lifestyle and helps regulate hunger and energy levels. Avoiding late-night eating and maintaining consistent meal times can help stabilize blood sugar levels and prevent overeating.

#### 5. HYDRATION

Drinking enough water is vital for weight loss. Water helps control appetite, as thirst is often mistaken for hunger. Staying hydrated can prevent unnecessary snacking and support digestion. Aim for at least 8 glasses of water per day, and consider having a glass of water before meals to help with portion control.

#### 6. CONSISTENCY AND SUSTAINABILITY

Perhaps the most crucial factor in diet management is creating a plan that is sustainable. Crash diets or extreme restrictions often lead to temporary weight loss followed by regain when normal eating patterns are resumed. A balanced, enjoyable, and consistent approach to food is more likely to result in long-term success. Allow for flexibility, and remember occasional indulgences are part of a healthy diet when managed properly.





# FIND YOUR FITNESS

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<p><b>Boot Camp MPS</b> 6:00-7:00am Sally Greenwood</p> <p><b>F.I.T. MFC</b> 6:30-7:15am Roland Mash</p> <p><b>Reformer Pilates PIL</b> 7:30-8:20am Julie La Bruyere</p> <p><b>Pilates Mat PIL</b> 9:00-9:50am Julie La Bruyere</p> <p><b>F.I.T. MFC</b> 12:00-12:45pm Craig Burrell</p> <p><b>Reformer Pilates PIL</b> 12:00-12:50pm Julie La Bruyere</p> <p><b>Cardio Blast MPS</b> 12:00-12:45pm Sue Horton</p> <p><b>Back to Basics MPS</b> <b>-MEN ONLY-</b> 12:10-12:45pm Roland Mash</p> <p><b>LEGEND</b> YS= Yoga Studio MPS= Multi-Purpose Studio PIL= Pilates Studio WFC= Women's Fitness Center MFC= Men's Fitness Center</p>	<p><b>Circuit City MFC</b> 6:00-7:00am Sally Greenwood</p> <p><b>F.I.T. MFC</b> 6:30-7:15am Roland Mash</p> <p><b>F.I.T. WFC</b> <b>-WOMEN ONLY-</b> 6:30-7:15am Sue Horton</p> <p><b>Reformer Pilates PIL</b> 7:30-8:20am Julie La Bruyere</p> <p><b>Extreme Body Sculpt WFC</b> 9:00-10:00am Sally Greenwood</p> <p><b>Abs Express WFC</b> 10:00-10:30am Sally Greenwood</p> <p><b>Reformer Pilates PIL</b> 11:00-11:50am Julie La Bruyere</p> <p><b>Barre It! Express YS</b> 11:30-12:00 noon Sue Horton</p> <p><b>Abs Express MPS</b> 11:45am-12:15pm Roland Mash</p> <p><b>Reformer Pilates PIL</b> 12:00-12:50pm Julie La Bruyere</p> <p><b>F.I.T. MFC</b> 12:00-12:45pm Craig Burrell</p> <p><b>Kettle Bells Express MPS</b> 12:20-12:50pm Roland Mash</p> <p><b>Yoga YS</b> 5:00-6:00pm Alexis Ackel</p>	<p><b>Pump It Up! MPS</b> 6:00-7:00am Sally Greenwood</p> <p><b>F.I.T. MFC</b> 6:30-7:15am Roland Mash</p> <p><b>Reformer Pilates PIL</b> 7:30-8:20am Julie La Bruyere</p> <p><b>Pilates Mat PIL</b> 9:00-9:50am Julie La Bruyere</p> <p><b>Trinity Trails/Walk/Run</b> 9:30-10:00am Sally Greenwood</p> <p><b>Barre It! YS</b> 9:00-9:45am Sue Horton</p> <p><b>Reformer Pilates PIL</b> 11:00-11:50am Julie La Bruyere</p> <p><b>Reformer Pilates PIL</b> 12:00-12:50pm Julie La Bruyere</p> <p><b>Cardio Blast MPS</b> 12:00-12:45pm Sue Horton</p> <p><b>Yoga YS</b> 12:00-1:00pm Shannon Jones</p> <p><b>F.I.T. MFC</b> 12:00-12:45pm Craig Burrell</p> <p><b>Back to Basics MFC</b> <b>-MEN ONLY-</b> 12:10-12:45pm Roland Mash</p> <p><b>Reformer Pilates PIL</b> 5:30-6:20pm Sandy Mellina</p>	<p><b>Spin MFC</b> 6:00-6:50 Sally Greenwood</p> <p><b>F.I.T. MFC</b> 6:30-7:15am Roland Mash</p> <p><b>Abs Express MFC</b> 6:50-7:15am Sally Greenwood</p> <p><b>Reformer Pilates PIL</b> 7:30-8:20am Julie La Bruyere</p> <p><b>Extreme Body Sculpt WFC</b> 9:00-10:00am Sally Greenwood</p> <p><b>Abs Express WFC</b> 10:00-10:30am Sally Greenwood</p> <p><b>Reformer Pilates PIL</b> 11:00-11:50am Julie La Bruyere</p> <p><b>Barre It! Express YS</b> 11:30-12:00 noon Sue Horton</p> <p><b>Abs Express MPS</b> 11:45am-12:15pm Roland Mash</p> <p><b>Reformer Pilates PIL</b> 12:00am-12:50pm Julie La Bruyere</p> <p><b>F.I.T. MFC</b> 12:00-12:45pm Craig Burrell</p> <p><b>Kettle Bells Express MPS</b> 12:20-12:50pm Roland Mash</p> <p><b>Yoga YS</b> 5:00-6:00pm Alexis Ackel</p>	<p><b>Boot Camp MPS</b> 6:00-7:00am Sally Greenwood</p> <p><b>F.I.T. MFC</b> 6:30-7:15am Roland Mash</p> <p><b>F.I.T. WFC</b> <b>-WOMEN ONLY-</b> 6:30-7:15am Sue Horton</p> <p><b>Pilates Mat PIL</b> 9:00-9:50am Sandy Mellina</p> <p><b>F.I.T. MFC</b> 12:00-12:45pm Roland Mash</p> <p><b>Spin MFC</b> 12:15-1:00pm Angela Fox</p> <p><b>ALL CLASSES ARE COED UNLESS SPECIFIED</b></p> <p>City Club reserves the right to cancel or reschedule any class without prior notice. Call (817) 878-4094 for more information.</p> <p>The location of the class is with the class name. A legend is at the bottom. If you have any questions on a specific class please call 817.878.4094 for the Women's Fitness Center and 817.878.4016 for the Men's Fitness Center.</p> <p>The classes highlighted in orange have a fee associated with them.</p>	<p><b>Yoga YS</b> 10:15-11:15am Alexis Ackel</p> <p><b>Reformer Pilates:</b> \$15/class \$144/12 classes \$240/24 classes <i>Everyone must have (3) catch up classes in order to take Reformer Pilates</i></p> <p><b>F.I.T. (Men or Women)</b> \$6.25/single class \$50/8 classes \$85/unlimited classes</p>

# N O V E M B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner BEETLEJUICE PAFW 7:30 pm <b>STEAK NIGHT</b>	<b>2</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner BEETLEJUICE PAFW 1:30 pm   7:30 pm
<b>3</b> <b>CLOSED</b>	<b>4</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch BFF DAY FITNESS CENTER	<b>5</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner MRS.DOUBTFIRE PAFW 7:30 pm	<b>6</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner MRS.DOUBTFIRE PAFW 7:30 pm	<b>7</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner MRS.DOUBTFIRE PAFW 7:30 pm	<b>8</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner MRS.DOUBTFIRE PAFW 7:30 pm <b>STEAK NIGHT</b>	<b>9</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner MRS.DOUBTFIRE PAFW 1:30 pm   7:30 pm
<b>10</b> <b>CLOSED</b>	<b>11</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	<b>12</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Plaid for Women®	<b>13</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>14</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner CITY CLUB HOME FOR THE HOLIDAYS EVENT	<b>15</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>STEAK NIGHT</b>	<b>16</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner
<b>17</b> <b>CLOSED</b>	<b>18</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	<b>19</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner DR. SEUSS' HOW THE GRINCH STOLE CHRISTMAS! THE MUSICAL PAFW 7:30 pm	<b>20</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner DR. SEUSS' HOW THE GRINCH STOLE CHRISTMAS! THE MUSICAL PAFW 7:30 pm	<b>21</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner DR. SEUSS' HOW THE GRINCH STOLE CHRISTMAS! THE MUSICAL PAFW 7:30 pm THANKSGIVING MEAL ORDER DEADLINE 12 NOON	<b>22</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner DR. SEUSS' HOW THE GRINCH STOLE CHRISTMAS! THE MUSICAL PAFW 7:30 pm <b>STEAK NIGHT</b>	<b>23</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner DR. SEUSS' HOW THE GRINCH STOLE CHRISTMAS! THE MUSICAL PAFW 3:00 PM   7:30 pm
<b>24</b>  PARADE OF LIGHTS VIEWING & BUFFET DINNER	<b>25</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	<b>26</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner THANKSGIVING MEAL PICKUP	<b>27</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner THANKSGIVING MEAL PICKUP	<b>28</b> <b>CLOSED</b> Happy Thanksgiving	<b>29</b> <b>CLOSED</b> Happy Thanksgiving	<b>30</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner HOME FOR THE HOLIDAYS FWSO 7:30 pm

## POLICY REMINDERS

**CANCELLATION POLICY.** There is a 72-hour cancellation notice on all special events at the Club unless otherwise noted. If a cancellation is made after the 72-hour deadline, the member's account will be charged. We will do our best to confirm reservations. It is, however, the member's responsibility to cancel any reservations.

**PHOTOGRAPHY POLICY.** Members are encouraged to utilize the Club for photograph sittings. Due to security and scheduling issues, it is necessary to reserve a time and space in advance by contacting Catering Manager, Kelly Norvell at 817.878.4051. **Unscheduled photography is not permissible.**

# DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> CLOSED	<b>2</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	<b>3</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>4</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>5</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>6</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>SPANO CONDUCTS BEETHOVEN AND JAKE HEGGIE FWSO 7:30 pm</b>	<b>7</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <b>SPANO CONDUCTS BEETHOVEN AND JAKE HEGGIE FWSO 7:30 pm</b>
<b>8</b> 	<b>9</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch <b>BFF DAY FITNESS CENTER</b>	<b>10</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Plaid for Women®</b>	<b>11</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>12</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>WHITAKER CHALK LUNCH &amp; LEARN</b>	<b>13</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>The Nutcracker TBT 8:00 pm</b>	<b>14</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <b>The Nutcracker TBT 2:00 pm / 8:00 pm</b>
<b>15</b> CLOSED	<b>16</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	<b>17</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	<b>18</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner  <b>CHRISTMAS MEAL ORDER DEADLINE 12 NOON</b>	<b>19</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>The Nutcracker TBT 7:00 pm</b>	<b>20</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>The Nutcracker TBT 8:00 pm</b>	<b>21</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner  <b>The Nutcracker TBT 2:00 pm / 8:00 pm</b> <b>CHRISTMAS MEAL PICKUP</b>
<b>22</b> CLOSED	<b>23</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch  <b>The Nutcracker TBT 2:00 pm / 7:00 pm</b> <b>CHRISTMAS MEAL PICKUP</b>	<b>24</b> CLOSED <b>Merry Christmas</b> 	<b>25</b> CLOSED <b>Merry Christmas</b> 	<b>26</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Nutcracker, TBT 2:00 &amp; 7:00 pm</b>	<b>27</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner <b>Nutcracker, TBT 2:00 &amp; 8:00 pm</b>	<b>28</b> Fitness 9am - 1pm (WFC) 8am - 2pm (MFC) To Go Meals and Dining for Dinner <b>Nutcracker, TBT 2:00 &amp; 8:00 pm</b>
<b>29</b> CLOSED	<b>30</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch	<b>31</b> Fitness 5am - 6:30pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch  <b>2025 NEW YEARS EVE WINE TASTING AND BUFFET</b>	<b>JAN 1</b> CLOSED <b>Happy New Year</b> 			

## GARAGE PARKING

As a privilege of membership, City Club provides complimentary parking for up to 3 hours in City Center Garages 1 and 2, which are attached via skybridge to the Bank of America Tower. City Center Parking Garage Management establishes the parking fees for time over the complimentary 3 hours:

**\$3 for 0-1 hr | \$9 for 2.5-3 hrs | \$6 for 1-2 hrs | \$12 for 3-4 hrs | \$7 for 2-2.5 hrs | \$15 for over 4 hrs**  
Parking fees are paid when exiting the garage. City Club will validate garage parking at the 3rd floor Reception Desk when members are dining at the Club. Parking may also be validated at each Fitness Desk in the Women's and Men's Fitness Centers. It is suggested members park in Garage II (Calhoun St. entrance) when visiting the Club.

## RESERVATIONS, PLEASE.

City Club Management and Staff always do their utmost to ensure your dining experience at the Club is the very best it can possibly be. Certain days, and times of day, are busier than others due to seasonal events and celebrations. Member reservations for lunch and dinner assist the Club in consistently providing the level of service you deserve. A telephone call to the **Club's Receptionist at 817.878.4000**, letting us know when you will be coming, how many are in your party, and whether you wish to dine in the Oak Room or the Terrace, will provide seamless enjoyment of your visit to City Club. Any special requests may also be made at this time.

# CITY CLUB

F O R T W O R T H

downtown's business, fitness & social club

301 Commerce Street

Fort Worth, TX 76102

## Operation Hours

Last reservation can be seated at 7:00 pm. Club closes at 8:00 pm.

### The Terrace Room

Reservations 817.878.4000  
reception@cityclubfw.com  
Lunch Monday - Friday  
11:30 am - 2:00 pm  
Cocktails Tuesday - Saturday  
4:00 pm - 8:00 pm  
Dinner 4:00 pm - 8:00 pm

### \*The Oak Bar (Private Dining)

Reservations 817.878.4000  
reception@cityclubfw.com  
Lunch Tuesday - Friday  
11:30 am - 2:00 pm  
Dinner Tuesday - Saturday  
4:00 pm - 8:00 pm

\*Available by advanced reservation only

### The Grill Room

Reservations 817.878.4000  
reception@cityclubfw.com  
Lunch Monday - Friday  
11:30 am - 2:00 pm

### Fitness Centers

Men's Fitness Center 817.878.4016  
Monday - Friday: 5:00 am - 7:00 pm  
Saturday: 8:00 am - 2:00 pm  
Women's Fitness Center 817.878.4094  
Monday - Friday: 5:00 am - 6:30 pm  
Saturday: 9:00 am - 1:00 pm

### Accounting

Paula Muller 817.878.4087  
pmuller@cityclubfw.com

### For Reservations and Information

Management Offices 817.878.4000  
Monday - Friday 9:00 am - 5:00 pm

### General Manager

Craig Halvorson 817.878.4077  
chalvorson@cityclubfw.com

### Membership Director

Matt Burrell 817.878.4088  
mburrell@cityclubfw.com

### Catering

Kim Keen 817.878.4028  
kkeen@cityclubfw.com  
Kelly Norvell 817.878.4051  
knorvell@cityclubfw.com

The City Club is closed on  
Sunday and Monday for Dinner,  
except for special occasions.

City Club reserves the right to close the restaurants early if there are no reservations and no patrons.