

Featuring several food stations highlighting the best of City Club's culinary cuisine; also meet our purveyors and learn where all our delicious menu items are sourced from. While working your way through the food stations enjoy a wonderful Wine Tasting featuring Texas Vineyards. Thanks to our amazing vendors Sysco and FreshPoint for the donations!

While working your way through the food stations enjoy a wonderful Wine Tasting featuring all your favorite summer wines!

See page 9 for more details



Peggie Muir General Manager

MESSAGE FROM THE GENERAL MANAGER

Spring has sprung and we are sprinting into Summer...oh, the heat is coming, for sure!
So let's get down to business:

Mother's Day will be here on **Sunday, May 8th** and City Club will have a wonderful **Mother's Day Brunch** prepared for those very beautiful ladies in your lives. We always have a special gift for our

Moms, too! **See page 3** for details and make your reservation as soon as possible before we sell out!

We have new **Spring/Summer lunch and dinner menus** in the Terrace! **See page 4-5** and make a reservation to check them out!

Starting June 1st through August 31st, our **Summer Happy Hour** is back by popular demand. This runs on Tuesdays, Wednesdays and Thursdays. **See page 7** for details. It will not be available on Wine Tasting/Farm to Table nights but you should make your reservation to attend those events so you don't miss out on any of the fun!

On **Thursday, May 19th**, we have our **Australia and New Zealand** Wine Tasting and Buffet in the in the Ballroom. Seating is very limited and reservations are required. This event is so much fun and if you've never come to one before, you should start now. **See page 8** for all the details.

On **Thursday, May 26th**, we are offering another **Dinner in the Wine Room** featuring wines from **Penfolds** with their Brand Ambassador attending! Seating is very limited so reserve your seat at the table quickly! **See page 10** for details.

On **Thursday, June 16th**, we are bringing back one of the most interesting and fun events we do. It is the City Club's **Farm to Table** and we are calling all you Foodies out there to make your reservations. We will have local producers showcasing their products and there will be summer wines and an adult summer punch to taste...in fact this event is our tasting for June. **See page 9** for details.

Don't forget about **Lobster Night** on Thursdays (except for Wine Tasting nights) and Friday **Steak Night**!

Call or email me anytime you want to talk to me, whether its good news or bad, I always appreciate hearing from you! You can reach me at:

817.878.4089 desk phone 817.925.0142 cell phone pmuir@cityclubfw.com

BIRTHDAY AND GIFT CERTIFICATES

Please note Birthday
and
Gift Certificates
are for use in the Terrace.



CITY CLUB
WILL BE CLOSED
ON
MONDAY, MAY 30,
2022 FOR
MEMORIAL DAY

PARKING GARAGE REMINDER:

Parking Garage 1 (entrance on Commerce Street) closes at 6:00 pm. If you enter before 6:00 pm, you will still be able to exit when you are ready. If you arrive after 6:00 pm, please use Parking Garage 2 (entrance on Calhoun Street close to Bass Hall). Always bring your parking ticket with you to have it validated.



BRUNCH MENU

Omelet Station, Sausage Links Applewood Smoked Bacon Mini Assorted Quiche Wedges Fresh Scrambled Eggs Southwest Breakfast Potatoes Bell Peppers, Onions Fresh Fruit, Yogurts & Granola **Breakfast Pastries**

MAIN BUFFET

Antipasto Platter

Tuna Nicoise Salad Haricot Verts

Tomato and Mozzarella Salad

Sushi Bar, Cocktail Shrimp Station

Poached Salmon Dill Cucumber Sauce

CARVING STATION

Grilled Ribeye Chops Creamy Horseradish and Rosemary Mustard

Lane Snapper with Shrimp Scampi

Tuscan Whole Roasted Chicken

Spanish Rice Chorizo and Pancetta

Twice Baked Mashed Potatoes

Roasted Baby Carrots Honey and Lemon

Baked Assorted Vegetable Gratin

When you invite the cherished women in your life to this lovely event, you let them know just how special they are.

DESSERTS

Vanilla Sponge Cake Peach Barvarian Cream

Triple Chocolate Mousse Cake

Iced and Hand-Decorated Cookies

Long-stemmed Chocolate-Covered Strawberries

Assorted Chocolate Truffles

Petit Fours

CHILDRENS SPECIALTIES

French Toast Bites Personal Pan Pepperoni Pizza and Personal Pan Cheese Pizza Mini Cheeseburger Sliders Chicken Tenders Buttered Broccoli, Waffle Fries Mac and Cheese

Reservations are required for this popular event.

Please contact the Receptionist at your earliest opportunity at 817.878.4000 or reception@cityclubfw.com.

Cancellation of a reservation, or decrease in number of guests for the reservation, must occur prior to 10 a.m. on Thursday, May 5th. Cancellations received after that time will result in the full price charged to the member's account.

Dress Code: Members and their guests are requested to dress in a manner consistent with the decorum of the Club and this special event.

Adults: \$45 includes unlimited Champagne and Mimosas. Additional wine and cocktails may be charged to member account. Ages 13 and above, \$45 Ages 3-12, \$23 Children under age 3 are complimentary

Per person, plus tax and gratuity



NEW SEASON, NEW MENU

Spring showers and warm weather bring changes to the farmers' market and our menus!

Spring and Summer Lunch Menu

SALADS

MESCLUN HOUSE SALAD | 11

HERB MARINATED HEIRLOOM TOMATOES, RED ONIONS, CHAMPAGNE LEMON DIJON DRESSING, ARTISAN BREAD CRISP

LARGE WEDGE SALAD | 12 @

ICEBERG LETTUCE, BABY HEIRLOOM TOMATOES,
APPLEWOOD SMOKED BACON,
FRESH RED ONIONS AND STELLA BLEU CHEESE CRUMBLES
CHOICE OF DRESSING: BLUE CHEESE, RANCH,
BALSAMIC, CHIPOTLE RANCH

CAESAR SALAD | 10 @

SEASONED CROUTONS, PECORINO ROMANO CHEESE AND
HOUSE CAESAR DRESSING

GREEK BABY SPINACH SALAD | 12

BABY SPINACH, OLIVES, CHERRY TOMATOES, RED ONION, CUCUMBER, FETA CHEESE AND DILL DRESSING

GOBB SALAD | 16

LETTUCE, TOMATOES, CHEDDAR CHEESE, GRILLED CHICKEN,
SMOKED BACON, AVOCADO, HARD-BOILED EGG
CHOICE OF DRESSING: BLEU CHEESE, RANCH, BALSAMIC, HONEY MUSTARD

ADD TO YOUR SALAD:

GRILLED CHICKEN | 9
GRILLED JUMBO SHRIMP | 13

GRILLED SALMON | 13
(ii) SLICED GRILLED SIRLOIN | 22

Soups 9

SOUP OF THE DAY

CHICKEN TORTILLA SOUP

© OMELETS | 16

BUILD YOUR OWN OMELET

Served with Toast and Diced Marinated Fruit

CHEESES: Monterey Jack, Swiss, Cheddar

MEAT: Ham, Sausage, Turkey

VEGETABLES: Onions, Mixed Bell Peppers, Mushrooms, Tomatoes

MINI PLATES | 13

SHRIMP SUMMER ROLL
WITH PEANUT SAUCE

CHICKEN PAILLARD
WITH MUSTARD SAUCE AND BABY ARUGULA

SALMON AND CRAB CAKE WITH CITRUS TARTAR SAUCE

COUNTRY FRIED TENDERLOIN STEAK MASHED POTATOES AND PEPPERED GRAVY

This symbol indicates this item is GLUTEN FREE

ENTREES

BLACKENED CHICKEN ALFREDO | 26
GEMELLI PASTA, ROASTED GARLIC AND PARMESAN AND CREAM SAUCE

GRILLED OR BLACKENED
WITH MASHED POTATOES AND MIXED VEGETABLES

FRESH FISH OF THE DAY | 30 WITH MASHED POTATOES AND MIXED VEGETABLES

GRILLED LEMON CHICKEN BREAST | 26
VEGETABLE COUSCOUS, ARUGULA SALAD AND LEMON MUSTARD SAUCE

SANDWICHES

SERVED WITH FRENCH FRIES OR SWEET POTATO FRIES

BBQ SHORT RIB SANDWICH | 18 CHEDDAR CHEESE, BABY ARUGULA, HEIRLOOM TOMATO ON SOURDOUGH BREAD

MEDITERRANEAN GRILLED CHICKEN BREAST SANDWICH | 17

WITH GRILLED VEGETABLES, HUMMUS PESTO SAUCE ON MULTI-GRAIN BREAD

TRADITIONAL CITY CLUB — CLUB | 16
SMOKED TURKEY, HAM, BACON, LETTUCE, TOMATOES, SWISS CHEESE
AND MAYONNAISE ON WHITE OR WHEAT BREAD

ROASTED CHICKEN SALAD SANDWICH | 16

BLT AND FRIED EGG SANDWICH | 14 ON SOURDOUGH BREAD

OFF THE GRILL

AVAILABLE ON WHITE OR WHEAT BUN — SERVED WITH FRENCH FRIES OR SWEET POTATO FRIES

GRILLED CHICKEN BREAST | 17

GRILLED NOLAN RYAN BEEF BURGER | 18

GRILLED BUFFALO BEEF BURGER | 18

CHOICE OF CHEESE: CHEDDAR, SWISS OR PEPPERJACK

TOPPINGS: AVOCADO, JALAPEÑOS, BACON, MUSHROOMS, GRILLED ONIONS, CHEESE (\$2.00 EACH)

SPRING/SUMMER MENU

Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of food-borne illness, especially if you have certain medical conditions.













Spring and Summer Dinner Menu

APPETIZERS

FRIED JUMBO ONION RINGS | 10
WITH SPICY KETCHUP

GRILLED AHI TUNA | 16
MIXED VEGETABLE SLAW AND LEMON AVOCADO AIOLI

© CITY CLUB SHRIMP COCKTAIL | 16
HORSERADISH COCKTAIL SAUCE, LEMON WEDGE

© CANADIAN LOBSTER DEVILED EGGS | 17

SUSHI | 18

(ALL SUSHI ROLLS INCLUDE WASABI, PICKLED GINGER AND SOY SAUCE)

TEMPURA ROLL WITH FISH OF THE DAY, GREEN ONIONS, BELL PEPPERS AND CELERY

TEXAS CRAB ROLL
BLUE CRAB MEAT, AVOCADO, ROASTED POBLANO PEPPER,
BBQ AIOLI, FRIED RED ONIONS

SPICY SMOKED SALMON ROLL SWEET PICKLED ANAHEIM PEPPERS, CREAM CHEESE AND CUCUMBER

Soups | 9

SOUP OF THE DAY

CHICKEN TORTILLA SOUP
TORTILLAS STRIPS, AVOCADO AND MONTEREY CHEESE

SALADS

CITY CLUB CAESAR SALAD | 10
FRIED ANCHOVIES, CROUTONS, PECORINO ROMANO CHEESE AND
HOUSE CAESAR DRESSING

MESCLUN HOUSE SALAD | 11
HERB MARINATED HEIRLOOM TOMATOES, RED ONIONS, ARTISAN BREAD CRISP
AND CHAMPAGNE LEMON HONEY VINAIGRETTE

WEDGE SALAD | 12

ICEBERG LETTUCE, BABY HEIRLOOM TOMATOES, APPLEWOOD SMOKED BACON,
FRESH RED ONIONS AND STELLA BLEU CHEESE CRUMBLES

CHOICE OF DRESSING: BLEU CHEESE, RANCH, BALSAMIC OR HONEY MUSTARD

GREEK BABY SPINACH SALAD | 12
BABY SPINACH, OLIVES, CHERRY TOMATOES, RED ONION,
CUCUMBER AND DILL DRESSING

PASTA

CREAMY CORN AND SHRIMP PASTA | 28
GEMELLI PASTA, GARLIC, SPINACH AND TOMATOES

SEAFOOD

■SIXTY SOUTH SALMON | 28

FISH OF THE DAY | 30
GRILLED, SEARED, OR BLACKENED

LEMON CRUSTED SEA BASS | 49
HERBED BEURRE BLANC SAUCE

STEAKS

GP CUT TO ORDER GRILLED BEEF TENDERLOIN (40z and up)

@ 8 OZ GRILLED NEW YORK PRIME STRIPLOIN | 36

@ 12 OZ PRIME RIBEYE | 52

GRILLED 4 OZ LOBSTER TAIL AND 5 OZ TENDERLOIN

TOPPINGS:

PRAWNS | 9
STILTON BLEU CHEESE | 6
RED WINE CARAMELIZED ONIONS | 4

SAUCE CHOICES:

Bearnaise, Sauteed Mushroom, Horseradish or City Club Steak Sauce

GAME MEATS

GRILLED COLORADO LAMB CHOPS | 48
With Mint Chimichurri Sauce

POULTRY

GHICKEN PAILLARD | 28

Mushroom Marinara Sauce

~SEAFOOD, STEAKS, GAME MEATS AND POULTRY ENTREES ARE SERVED WITH YOUR CHOICE OF TWO SIDES~

VEGETABLES

SAUTÉED JUMBO ASPARAGUS

CREAMY SPINACH

JUMBO ONION RINGS

CREAMED CORN

MIXED GRILLED VEGETABLES

STARCHES

TWICE BAKED POTATO
SHOESTRING FRENCH FRIES
FRIED RICE WITH CRABMEAT
MAC AND CHEESE
(BLUE CHEESE, BACON OR
JALAPENO)

GF) This symbol indicates this item is GLUTEN FREE

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions.





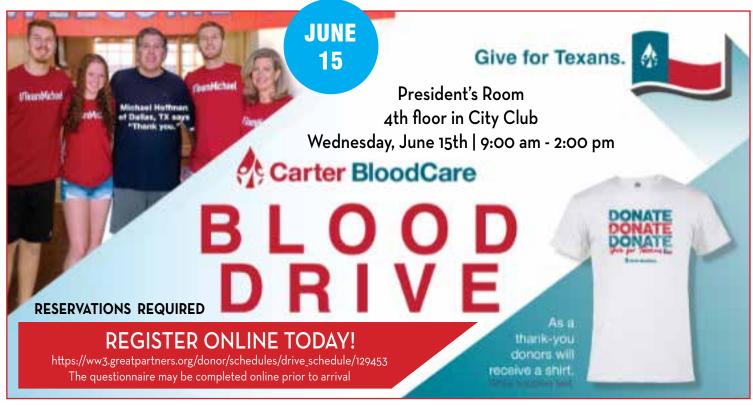
















Craig Halvorson



Wine and Beverage Director/Dining Room Manager, WSET II

Craig has organized two outstanding Tastings and Buffets for members will enjoy Australia & New Zealand and in June we will enjoy Farm to 1

Australia & New Zealand Wine Tasting & Buffet THURSDAY MAY 19, 2022

5:30 pm – 9:00 pm Ballroom | \$35 + tax & gratuity

Featuring White and Red Wines from the many different wine regions in Australia and New Zealand

HORS D'OEUVRE TABLE

Charcuterie Board
Charcuterie Board with Assorted Cheeses
Smoked BBQ Sausage
Chicken Jalapeno Dip with Tortilla Chips

DINNER BUFFET

Pasta salad Creamy Fusilli Pasta with Smoked Ham, Peas, and Arugula

Grilled Snapper Alfredo Sauce topped with Shrimp

Carved Roasted Leg of Lamb Warm mint au jus

Grilled Zucchini
Caramelized Onions

Potato Cakes

Chefs Assorted Mini Desserts







SEATING IS VERY LIMITED.

Advanced Reservation is Required, please contact the Receptionist at 817.878.4000 or reception@cityclubfw.com.



City Club has a long-standing tradition of buying as much as possible from local and regional vendors and producers in order to provide members and their guests with the freshest, most delicious foods available.

This is a great way to support your community locally and regionally.

From meats to fresh fruit, cheeses to wines, olive oils to breads, members can dine on some of the freshest meat, fish and vegetables City Club offers.

Craig has put together some lovely summer wines and a tasty "adult" punch for your enjoyment!

BEEF STATION

Smoked Brisket, Ribeyes, Short Ribs

FISH STATION

Redfish, Saku Tuna, Blue Crab, Sixty South Salmon Our former employee Dah will be hand rolling various types of Sushi!

Our famous Farmer's Stand

Assorted Cheeses and our favorite friend "The Olive Oiler"

Dessert Table

Summer Wine Bar







Buffet in the Ballroom | \$35 + tax & gratuity Limited to four (4) attendees per membership.

RESERVATIONS REQUIRED:

Receptionist at 817.878.4000 or reception@cityclubfw.com



inner in the Wine Room

THURSDAY, MAY 26, 2022

Reception 6:15 pm | Wine Dinner 6:45 pm \$85 + tax & gratuity



Featuring Penfolds, Australia's famous Winery with our special Guest Mrs. Paige Waszkewitz, Brand Ambassador.

Chef John Marquez will create a gourmet four course meal, that will be paired perfectly with these amazing Wines.





SEATING IS VERY LIMITED.

Advanced Reservation is Required, please contact the Receptionist at 817.878.4000 or reception@cityclubfw.com.



NEW TO THE CELLAR

From Wine Director Craig Halvorson, WSET II

Those of you who attended our "Dinner in the Wine Room" last March have already been formally introduced to our newest Wine in the Cellar. So, now allow me to introduce it to everyone else. We now have the 2018 Kathryn Hall Cabernet Sauvignon in stock in our Wine Room. Even though it is drinking amazing right now – can't wait for you to taste this wine after a few more years of resting in the Club's Cellar.

HALL's estate vineyards encompass more than 500 acres of classic Bordeaux varietals; Cabernet Sauvignon, Merlot, and Sauvignon Blanc. As winegrowers, the Halls have a strong respect for the environment and a commitment to cutting-edge vineyard technology to yield the highest quality grapes. Through meticulous attention to detail in the vineyards, HALL wines are able to express the unique and diverse character of Napa Valley's soils and climate.

"The 2018 Kathryn Hall Cabernet Sauvignon is more supple and elegant, with terrific up-front charm and complexity already present. Revealing a deep purple color, it's full-bodied and concentrated, with classic Napa Cabernet Sauvignon notes of cassis, leafy herbs, flowers, and lead pencil. The tannins are ripe and polished, it has terrific overall balance as well as remarkable freshness, and it's just a brilliant 2018 you'll love to have in the cellar. Give it a few years and enjoy over the following 20-25" – Jeb Dunnuck



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NEW MEMBERS

City Club welcomes the following members
who enrolled and
thanks the members who referred them.

Antoinette Bone

The Law Office of Antoinette Bone

Nicole Wiseman

Ulterra Drilling

Jeffrey M. Tillman, Jr.Kelly Hart & Hallman LLP

Amanda Roark-Tillman

Pham Harrison

Daniel J. Paret

Brown Pruitt

Mark McLaughlin

Kelly Hart & Hallman LLP

Geoffrey Wescott

M₂G Ventures

Ann Lopez

Kelly Hart & Hallman LLP

Austin Burns

Paragon Solutions

Roger Jimenez

Tokai Carbon CB

Heidi Angel

Kelly Hart & Hallman LLP

Lee Hunt

Kelly Hart & Hallman LLP

Clinton J. Weber

Advancement Foundation

Rebecca Carroll

Paragon Solutions

Jared LeMoine

Luther King Capital
Management

Alexander White

Istanbul Grill

Dr. Sid Davis

Cleburne Dental Care

John Paul Carr

PHP Capital Partners

Matthew Luensmann

Kelly Hart & Hallman LLP

Mary Elizabeth Austin

BEPCO, L.P.

Sean Austin

Bridgelink Investments

Desire' Cavazos

Varagon Capital Partners

FRIDAY STEAK NIGHT

EVERY FRIDAY NIGHT AT THE CLUB



Choice of First Course:
Caesar Salad or Seafood Gumbo

Entrée:

Chef's Choice Hand Cut Steak
Served with Grilled Vegetables and
Twice Baked Potato

\$26 + tax & gratuity



Bottle of Wine Special
Managers Selection Red or
White Wine
\$30 + tax & gratuity



For reservations, please contact the Receptionist at 817.878.4000 or reception@cityclubfw.com



City Club Executive Chef Gilbert Rivera

SIXTY SOUTH

City Club is now exclusively using Salmon from the company Sixty South.

Sixty South is the world's most remote and isolated producer, over 10 hours navigation away from any city or town. Sixty South follows strict environmental practices to raise salmon on Nature's Terms – free of antibiotics, added hormones, antifouling farm chemicals, and in pure ample waters. Their salmon has a well-marbled appearance, buttery flavor and clean finish of their product. To learn more about the company: www.SixtySouth.com | Youtube Video https://youtu.be/_mhvngojsPc

BLACKENED SIXTY SOUTH SALMON - CITY CLUB STYLE

Blackening is a cooking technique that can be used with any firm-bodied fish. Salmon is a perfect example of this. The fillets are brushed with butter (it must be butter to turn black) then coated liberally with a blend of herbs and spices (Chef recommends Paul Prudhomme's Magic Blackening Seasoning).

INGREDIENTS

- 4 6-ounce salmon fillet portions skin-on
- 2 tablespoons Chef Paul Prudhomme's Magic Blackened Seasoning
- 2 tablespoons unsalted butter
- 1 lemon cut into wedges
- Chopped fresh parsley or thyme for serving

INSTRUCTIONS

- Place the salmon on a large plate, flesh-side up, and pat dry.
- Melt the butter then brush over the flesh-side of the salmon fillets. Sprinkle the flesh sides with the seasoning mixture. Lightly pat the spices to adhere.
- Heat a large cast iron skillet or similar heavy-bottomed pan over medium heat (no need to add oil). Once the pan is completely hot (a droplet of water should dance on its surface), working quickly but gently, add the salmon fillets, one at a time, flesh-side down. Cook for 2 to 3 minutes without disturbing until the surface is blackened, then carefully turn each piece of salmon over.
- Continue cooking over medium heat, until the skin becomes crispy, and the fish is fully cooked through, about 5 to 6
 additional minutes depending upon the thickness of your fillets. The fish should reach 145 degrees F on an instant read
 thermometer and flake easily with a fork at its thickest part.
- Transfer the fillets to serving plates. Serve immediately with a sprinkle of fresh thyme and lemon wedges.

Tips for Perfect Blackened Fish

- Keep the Salmon Cold. The butter will adhere better with cold fish.
- Use a HOT Pan. You want the pan to be extra hot so the fish blackens properly and doesn't stick. Use a heavy-bottomed, sturdy pan or cast iron skillet for the best results.
- Don't Move the Fish. When you first add the fish to the pan, do not move it around. Let it cook for a few minutes so it forms that delightful butter/spice crust.





Olivia Marie Buis and Walter Howell Prince



We were honored to have our long-time member Al Buis' daughter Olivia's wedding reception at City Club.

HOW DID YOU FIRST MEET? Met at TCU at the Kappa Sig House

HOW DID THE PROPOSAL HAPPEN?

Walt proposed in Sea Island, Georgia, on New Years Eve 2020. He secretly invited my family and took me down to the cloister at sunset where he proposed. He hired a photographer to capture the moment....it was a great end to 2020!

WHAT DETAIL DID YOU MOST ENJOY ABOUT HAVING YOUR WEDDING RECEPTION AT CITY CLUB?

The food and service was amazing. We were constantly cared for and felt like everything was very organized. It was also amazing to have the lovely Christmas décor.

WHAT WAS THE MOST FUN OR MEMORABLE WEDDING MOMENT AT CITY CLUB?

The best was when I surprised Walt with Super Frog. I had him convinced he would not be there. He was thrilled and it was amazing seeing him so excited!

WHEN THINKING BACK ON YOUR WEDDING, WHAT WAS MOST MEMORABLE ABOUT THE ENTIRE WEDDING PLANNING PROCESS?

The most memorable thing was how supportive and involved Walt wanted to be in the process. I never felt alone with his help. A great precursor to an amazing life of marriage filled with love and support.

FITNESS FOR YOU!

Get to know group fitness again.

Meet your Men and Women's Fitness Center instructors who replace "me" with "we" in the fitness centers.

Fitness is often viewed as a one-on-one scenario – you and your trainer, you and the weights, you and your health. But much like a team sport, where those beside you are working toward the same goal, fitness can be about "we" as much as it is about "me".

Motivation can be contagious, and a group fitness atmosphere often allows that sense of purpose to spread as everyone works to tackle the same challenges. "Group fitness classes provide variety and team motivation," City Club Athletic Director Craig Burrell says. "They're also a great way to meet new people who share the same enthusiasm toward health and fitness".

City Club's group fitness offerings cover a wide array of fitness goals and accommodate everyone, regardless of where you happen to be on your personal fitness journey. You can stretch and strengthen with Yoga and Pilates, sweat it out in Cardio Blast or Boot Camp, and more.

We asked Craig, Matt, Roland, Sue and Sally to offer a tip for group fitness. Here's what they said:



"Try out the Men or Women's FIT Room! It offers variety, is scalable and promotes camaraderie!"

- Craig Burrell

"I always tell clients the most important thing when it comes to fitness (group or individual) is correct form and consistency. You do not have to blow it out every time, just be consistent and present" - Matt Burrell

"Make sure you set short and long term goals and ask any of the trainers to help you achieve your goals" - Sally Greenwood

"I tell them to meet with an instructor, tell them your goals, and have them recommend certain group exercise classes... find some that are upbeat, fun and challenging!" - Sue Horton

"Start slow...listen to your body and do only what your body is ready for. Take your approach one class at a time and give yourself major kudos for getting to a class today."

- Roland Mash



City Club reserves the right to cancel or reschedule any class without prior notice.

Call (817) 878-4094 for more information.

FIND YOUR FITNESS

Wednesdays Thursdays Tuesdays **Mondays Fridays** Boot Camp Weights & Cardio Circuit Weights & Conditioning Spin 6:00-7:00am 6:00-7:00am 6:00-7:00am **6:00-**6:50 6:00-7:00am Sally Greenwood Sally Greenwood Sally Greenwood Sally Greenwood Sally Greenwood

Reformer Pilates
6:30-7:20am
Julie La Bruyere
Roland Mash

F.I.T. WFC F.I.T.

6:30-7:15am
Roland Mash
Reformer Pilates

-WOMEN ONLY6:30-7:30am
Matt Burrell

7:30-8:20am
Julie La Bruyere

Dil La Maria

Reformer Pilates
7:30-8:20am
Julie La Bruyere

9:00-9:50am
Julie La Bruyere
F.I.T.

Suite La Bruyere

Extreme Body Sculpt
9:00-10:00am
Sally Greenwood

12:00-12:45pm

Roland Mash

Reformer Pilates

12:00-12:50pm

Julie La Bruyere

Cardio Blast

12:00-12:45pm

Sue Horton

Back to Basics

-MEN ONLY-

12:20-1:00pm

Matt Burrell

Abs Express
10:00-10:30am
Sally Greenwood

Reformer Pilates 11:00-11:50am Julie La Bruyere

Barre It! Express 11:30-12:00 noon Sue Horton

Abs Express
11:45am-12:15pm
Roland Mash

Reformer Pilates 12:00-12:50pm Julie La Bruyere

F.I.T. 12:00-12:45pm Matt Burrell

Kettle Bells Express 12:20-12:50pm Roland Mash

> Yoga 5:00-6:00pm Alexis Ackel

Reformer Pilates 6:30-7:20am Julie La Bruyere

F.I.T. 6:30-7:15am Roland Mash

Reformer Pilates 7:30-8:20am Julie La Bruyere

Pilates Mat 9:00-9:50am Julie La Bruyere

Trinity Trails/Walk/Run 8:30-9:30am Sally Greenwood

> Barre It! 9:00-9:50am Sue Horton

Reformer Pilates
-MEN ONLY10:45-11:35am

Julie La Bruyere
Reformer Pilates
12:00-12:50pm
Julie La Bruyere

Cardio Blast 12:00-12:45pm Sue Horton

Yoga 12:00-1:00pm Shannon Jones

F.I.T. 12:00-12:45pm Roland Mash

Back to Basics
-MEN ONLY12:20-1:00pm
Matt Burrell

Reformer Pilates 5:30-6:20pm Sandy Mellina F.I.T. 6:30-7:15am Roland Mash

WFC F.I.T. -WOMEN ONLY-6:30-7:30am Matt Burrell

Abs & More 6:50-7:15am Sally Greenwood

Reformer Pilates 7:30-8:20am Julie La Bruyere

Extreme Body Sculpt 9:00-10:00am Sally Greenwood

Abs Express
10:00-10:30am
Sally Greenwood

Reformer Pilates 11:00-11:50am Julie La Bruyere

Barre It! Express 11:30-12:00 noon Sue Horton

Abs Express
11:45am-12:15pm
Roland Mash

Reformer Pilates 12:00am-12:50pm Julie La Bruyere

F.I.T. 12:00-12:45pm Matt Burrell

Kettle Bells Express 12:20-12:50pm Roland Mash

> Yoga 5:00-6:00pm Alexis Ackel

ridays Saturdays

Boot Camp Yoga

F.I.T. 6:30-7:15am Roland Mash

Pilates Mat 9:00-9:50am Sandy Mellina

Reformer Pilates 10:30-11:30am Sandy Mellina F.I.T.

F.I.I. 12:00-12:45pm Roland Mash Yoga 10:15-11:15am Alexis Ackel

All classes are coed unless specified

FEE FOR CLASSES SHOWN IN ORANGE BOXES



Bring a Friend for Fitness... for FREE!

The first Monday of every month is BFF Day. Members may bring a friend to work-out

WITHOUT PAYING the normal \$20 guest fee. Normal Reformer Pilates and F. I. T. class fees do apply, as these are fees members also pay. This is a perfect way to introduce friends and associates to the benefits of City Club membership.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Club Closed	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch &	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch &	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch &	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch &	Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner
	BFF DAY IN THE	Dinner	Dinner PAFW: The British Invasion 7:30pm	Dinner LOBSTER NIGHT	Dinner FWSO: Troupe Vertigo- Cirque Carnaval 7:30 pm Friday Steak	FWSO: Troupe Vertigo- Cirque Carnaval 7:30 pm
8	FITNESS CENTERS 9	10	11	12	Night	14
Mother	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner The U.S. Army Field Band	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner FWSO: Holst's Planets:	Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner FWSO: Holst's Planets:
BRUNCH		and Soldier Chorus 7:00 pm PAFM		LOBSTER NIGHT	7:30 pm Friday Steak Night	Bach, Tomasi, and Holst 7:30 pm
15	16	17	18	19	20	21
Club Closed	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC)	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and	Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and
	Dining for Lunch	Dining for Lunch & Dinner	Dining for Lunch & Dinner	To Go Meals and Dining for Lunch & Dinner AUSTRALIAN & NEW ZEALAND WINE TASTING & BUFFET	Dining for Lunch & Dinner TBT: A Midsummer Night's Dream 8:00pm Friday Steak Night	Dining for Dinner TBT: A Midsummer Night's Dream 2:00pm & 8:00pm
22	23	24	25	26	27	28
Club Closed	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC)	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC)	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC)	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC)	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC)	Fitness 9am – 1pm (WFC) 8am – 2pm (MFC)
	To Go Meals and Dining for Lunch	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Dinner
	19)			LOBSTER NIGHT	Friday Steak Night	
29 Club Closed	Club Closed for Memorial Day	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner		PLAN TO ENJOY DINNER AT THE CLUB BEFORE BASS HALL PERFORMANCES. EVENING DINING SERVICE BEGINS AT 4:00 P.M.		

POLICY. There is a 72-hour cancellation notice on all special events at the Club unless otherwise noted. If a cancellation is made after the 72-hour deadline. the member's account will be charged. We will do our best to confirm reservations. It is, however, the member's responsibility to cancel any reservations.

POLICY REMINDERS CANCELLATION

PHOTOGRAPHY POLICY. Members are encouraged to utilize the Club for photograph sittings. Due to security and scheduling issues, it is necessary to reserve a time and space in advance by contacting Catering Manager, Kelly Norvell at 817.878.4051. Unscheduled photography is not permissible.

J U N E

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
W.C.	Section 1	D ENJOY	1 Fitness	2 Fitness	3 Fitness	4 Fitness
DINNER AT THE CLUB BEFORE THE CLIBURN FINALS. EVENING DINING		5am – 6pm (WFC) 5am – 7pm (MFC)	5am – 6pm (WFC) 5am – 7pm (MFC)	5am – 6pm (WFC) 5am – 7pm (MFC)	9am – 1pm (WFC) 8am – 2pm (MFC)	
		To Go Meals and Dining for Lunch & Dinnerr	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Lunch & Dinner	To Go Meals and Dining for Dinner	
SERVICE BEGINS AT 4:00 P.M.		- 4	LOBSTER NIGHT	Friday Steak Night	403	
5 Club Closed	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch BFF DAY IN THE FITNESS CENTERS	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Semifinal Recital Bass Hall 7:30pm The Cliburn	9 Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Semifinal Recital Bass Hall 2:30pm The Cliburn Semifinal Mozart Concertos - Bass Hall 7:30pm, The Cliburn LOBSTER NIGHT	10 Fitness 5am - 6pm (WFC) 5am - 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Semifinal Recital Bass Hall 2:30pm The Cliburn Semifinal Mozart Concertos - Bass Hall 7:30pm, The Cliburn Friday Steak Night	Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner Semifinal Recital Bass Hall 2:30pm The Cliburn Semifinal Mozart Concertos - Bass Hall 7:30pm, The Cliburn
12	13	14	15 Fitness	16	17	18
Club Closed	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Final Concerto 1 Bass Hall 7:30pm The Cliburn	5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Final Concerto 2 Bass Hall 7:30pm, The Cliburn CARTER BLOODCARE BLOOD DRIVE	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner NEW FORMAT FARM TO TABLE	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Final Concerto 3 Bass Hall 7:30pm The Cliburn Friday Steak Night	Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner Final Concerto 4 Bass Hall 3:00pm The Cliburn Awards Ceremony 7:00 pm, The Cliburn
19	20	21	22	23 Fitness 5am – 6pm (WFC)	24 Fitness	25
Club Closed	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Rodgers & Hammerstein's Oklahoma! 7:30pm	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Rodgers & Hammerstein's Oldahoma! 7:30pm	5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Rodgers & Hammerstein's Oklahoma! 7:30pm LOBSTER NIGHT	5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner Rodgers & Hammerstein's Oklahoma! 7:30pm Friday Steak Night	Fitness 9am – 1pm (WFC) 8am – 2pm (MFC) To Go Meals and Dining for Dinner Rodgers & Hammerstein's Oklahoma! 7:30pm
26	27	28	29	30		
Club Closed	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch	Fitness 5am – 6pm (WFC) 5am – 7pm (MFC) To Go Meals and Dining for Lunch & Dinner		
		-		LOBSTER NIGHT		

RESERVATIONS, PLEASE.

City Club Management and Staff always do their utmost to ensure your dining experience at the Club is the very best it can possibly be. Certain days, and times of day, are busier than others due to seasonal events and celebrations. Member reservations for lunch and dinner assist the Club in consistently providing the level of service you deserve. A telephone call to the Club's Receptionist at 817.878.4000, letting us know when you will be coming, how many are in your party, and whether you wish to dine in the Oak Room or the Terrace, will provide seamless enjoyment of your visit to City Club. Any special requests may also be made at this time.

GARAGE PARKING

As a privilege of membership, City Club provides complimentary parking for up to 3 hours in City Center Garages 1 and 2, which are attached via skybridge to the Bank of America Tower.

City Center Parking Garage
Management establishes the
schedule of parking fees for time
over the complimentary 3 hours.
After the complimentary 3 hours,
the schedule of fees is:
\$3 for 0-1 hr \$9 for 2.5-3 hrs
\$6 for 1-2 hrs \$12 for 3-4 hrs
\$7 for 2-2.5 hrs \$15 for over 4 hrs

Parking fees are paid when exiting the garage.

City Club will validate garage parking at the 3rd floor Reception Desk when members are dining at the Club. Parking may also be validated at each Fitness Desk in the Women's and Men's Fitness Centers. It is suggested that members park in Garage II (Calhoun St. entrance) when visiting the Club.



Operation Hours

	Last reservation can be seated at 7:00 p.m. Club closes at 8:00 p.m.						
The Terrace Room		The Grill Room		For Reservations and Information			
Reservations	817.878.4000 reception@cityclubfw.com	Reservations	817.878.4000 reception@cityclubfw.com	Management Offices Monday - Friday	817.878.4000 9:00 am - 5:00 pm		
Lunch	Monday - Friday 11:30 am - 2:00 pm	Lunch	Monday - Friday 11:30 am - 2:00 pm	General Manager Peggie Muir	017.070 4000		
Cocktails	Tuesday - Saturday 4:00 pm - 8:00 pm	Fitness Centers Men's Fitness Cen	ter 817.878.4016	Peggie Muir	817.878.4089 pmuir@cityclubfw.com		
Dinner	4:00 pm - 8:00 pm	Monday - Friday:	5:00 am - 7:00 pm	Membership Director			
The Oak Room		Saturday:	8:00 am - 2:00 pm Center 817.878.4094	Debbie Rubin	817.878.4088 drubin@cityclubfw.com		
Reservations	817.878.4000	Monday - Friday:	5:00 am - 6:00 pm	Catering			
Lunch	reception@cityclubfw.com Tuesday - Friday	Saturday:	9:00 am - 1:00 pm	Kim Keen	817.878.4028 kkeen@cityclubfw.com		
Cocktails	11:30 am - 2:00 pm Tuesday - Saturday 4:00 pm - 8:00 pm	Accounting Paula Muller	817.878.4087 pmuller@cityclubfw.com	Kelly Norvell	817.878.4051 knorvell@cityclubfw.com		
Dinner	Tuesday - Saturday 4:00 pm - 8:00 pm			The City Club is closed on Sunday and Monday for Dinner, except for special occasions.			

City Club reserves the right to close the restaurants early if there are no reservations and no patrons.